

## Visiting the Country Club facilities

We are looking forward to welcoming you to the hotel and take pride in offering our spa facilities.

- Our Swimming pool is 12m by 5m and the maximum capacity is 25 bathers. Please be aware, spectators are included as part of the maximum capacity and should be limited to just one adult to oversee Children if aged 7 or over. Under 7s need one adult per child swimming.
- Children swim times are between 9am and 12pm and 3pm and 6pm. 12–16-year-olds can swim outside of these times as long as they are not playing and respect other bathers wanting to relax. Under 12's are not allowed in the Spa bath.
- Gym use you will need to complete a disclaimer before using with Country Club team, there is no need to pre book the gym or other activities.
- Please shower before bathing. If you are not having treatments, we recommend you bring a bathrobe from your room, we can supply bathrobes, and flip flops upon request, which can be collected from the reception area. Towels are available from the changing rooms. Lockers are digital.
- Please sign in at the reception before your enter the facilities.
- Equipment is available for hire for Golf, Tennis and Table Tennis is available for loan.
- To help the environment, please feel free to bring your own refillable plastic water bottle.

We look forward to welcoming you to the hotel soon and If you have any queries prior to your visit please do not hesitate to contact us on (01342) 824988